

Overview on Units of Learning Outcomes

Key Activities and Professional Competences

Qualification: **Housekeeper**

EQF Level: 2/3

Key Activities and Professional Competences
Ensure domestic hygiene Cooperate in ensuring domestic hygiene conditions Cooperate in ensuring laundry hygiene conditions
Ensure domestic safety conditions Support housekeeping Apply methodologies of safety housekeeping

Legal Framework:

DDG n. 15243 "Regional regulations for family assistance training"

Key Activity ensure domestic hygiene	
Qualification Housekeeper Assessment instruments: written tasks, assessment product, practical exercises	EQF Level: 2/3
Professional Competence Cooperate in ensuring domestic hygiene conditions	
Skills <ul style="list-style-type: none"> • Apply house cleaning techniques; • Apply house sanitisation techniques; • Apply personal hygiene methods appropriate to the service user; 	Knowledge <ul style="list-style-type: none"> • Describe basics of hygiene; • Name tools and techniques of house cleaning; • Analyse suitable products for housekeeping;
Professional Competence Cooperate in ensuring laundry hygiene conditions	
Skills <ul style="list-style-type: none"> • Apply sanitisation techniques of the service users' laundry; • Arrange and clean the service user's wardrobe; • Use domestic appliances (washing machine, ironer, etc.); • Apply safe and appropriate sanitisation methods ; 	Knowledge <ul style="list-style-type: none"> • Describe basics of hygiene; • Name cleaning products and their characteristics; • Differentiate the tools in use; • Differentiate the laundry into the different kinds of fabric to select appropriate washing programs;
Personal competence Organize one's own working hours Organize one's own job autonomously	

Key Activity Ensure domestic safety conditions	
Qualification Housekeeper Assessment instruments: written tasks, assessment product, practical exercises	EQF Level: 2/3
Professional Competence Support housekeeping	
Skills <ul style="list-style-type: none"> • Apply house cleaning techniques; • Arrange rooms in a functional way respecting the service user's habits; • Apply household safety procedures; • Apply correct procedures of waste recycling and energy saving; • Organize one's own job respecting the service users' habits (i.e rest times); 	Knowledge <ul style="list-style-type: none"> • Describe basics of hygiene; • Analyse cleaning products and their characteristics; • Name the tools in use;
Professional Competence Work in safety	
Skills <ul style="list-style-type: none"> • Apply techniques of safe working; • Not use noxious and unhealthy products; • Use tools such as ironer, washing machine etc. in a safe way; • Work preventing dangerous situations (i.e leaving tools such as brooms, wires unattended, to prevent users from stumbling; 	Knowledge <ul style="list-style-type: none"> • Give examples of safety and prevention in domestic environments; • Analyse cleaning products and their characteristics (if noxious); • Name tools and safety use techniques; • Assess the understanding and how to avoid dangerous situations;
Personal competence Organize one's own job process Methodology and specific techniques	