

Overview on Units of Learning Outcomes

Key Activities and Professional Competences

Qualification: **Geriatric Nurse (Staatlich anerkannte/r Altenpfleger/in)**

GQF Level: 4

Key Activities and Professional Competences
<p>Take over basic nursing care duties</p> <p>Assist Elderly People with Personal Hygiene Care Reassure Elderly People Assist the Elderly with Resting and Sleeping Support Elderly People with their Mobility and with Disruptions in Motion Consider the nursing care-relevant aspects of psychology and geriatric psychiatry in the nursing home situation Provide Professional First Aid Assistance in Emergencies To speak with, advise, and guide elderly people</p>
<p>Implement personal and situation-related nursing care for elderly people</p> <p>Assist elderly people with nutritional intake and treating disruptions in the digestive system Assist elderly people with urinary excretion and treat disruptions in the urogenital system Assist the maintenance of heart-circulation functions and respiration of the client, as well as carry out treatment of disruptions in the heart-circulation system and respiration Nursing care for elderly people suffering illnesses of the endocrine system and metabolism Nursing care for elderly people with disruptions of the sensory organs Nursing care for elderly people with neurological, psychiatric, and geronto-psychiatric diseases Attend elderly people in the dying process</p>
<p>Assist elderly people in their daily life situation and to maintain and activate the independence of elderly people</p> <p>Use the assessment of the lifestyle and the social environment of elderly people as the basis for situation-adequate nursing care Assist elderly people with Contribute to community life Arrange the daily schedule of elderly people and their care-takers Assist elderly people with housekeeping and with the creation of a development-secure living space and environment</p>
<p>Contribute to clinical diagnostics and therapy</p> <p>Responsibly and efficiently carry out the role of geriatric nurse in interdisciplinary collaboration in a therapeutic team Contribute to the diagnostic process Independently carry out doctor-ordered therapeutic treatments in the nursing care context Administer professional care for chronic wounds Secure the administration of pharmaceuticals Contribute to neurological, psychiatric, and geronto-psychiatric diagnoses and therapy procedures</p>

Key Activities and Professional Competences (continued)

Evaluate, Plan and document nursing care for elderly people

Plan Nursing Processes
 Evaluate and Document Nursing Processes
 Contribute to Quality Assurance Procedures in Geriatric Nursing

Operate economically and socially responsible in a facility for elderly nursing care

Consider the health and socio-political framework of elderly nursing care activity
 Consider the business framework as well as the structural and personnel conditions in a nursing home facility
 Guide family members and nursing care personnel in the care of elderly people
 Deal with conflicts and difficult social situations
 Recognize and Prevent the psycho-social strain of one's own person, as well as maintaining and promoting one's own physical health

Legal Framework:

- Curriculum valid for the federal state of Saxony: *Sächsisches Staatsministerium für Kultus (Hrsg.): Lehrpläne für die Berufsfachschule: Altenpfleger/Altenpflegerin, Fachlicher Bereich, Klassenstufen 1 bis 3, August 2003*
- Law for Practicing Geriatric Nursing: *Gesetz über die Berufe in der Altenpflege (Altenpflegegesetz - AltPflG) vom 17.11.2000, zuletzt geändert am 20. Dezember 2011*
- Training and Assessment Regulations for the profession „Geriatric Nurse“: *Ausbildungs- und Prüfungsverordnung für den Beruf der Altenpflegerin und des Altenpflegers (Altenpflege-Ausbildungs- und Prüfungsverordnung - AltPflAPrV) vom 26. November 2002, zuletzt geändert am 6. Dezember 2011*

Key Activity Take over basic nursing care duties	
Qualification Geriatric Nurse	GQF Level: 4
Assessment Instruments: Oral examination (Expert discussion), practical examination at workplace, written examination	
Professional Competence Assist Elderly People with Personal Hygiene Care	
Skills <ul style="list-style-type: none"> Assist older people with personal hygiene care, whereby assistance should support the patient's own abilities to help themselves Maintain as much as possible the independence of older people in taking care of themselves 	Knowledge <ul style="list-style-type: none"> Explain the importance and goals of personal hygiene of the elderly Describe various procedures for personal hygiene care (e.g. personal hygiene in bed and bath, mouth and eye care, hair care) Describe prophylactic methods for prevention of complications of the skin, mucous membranes, and cellular metabolism (i.e., skin and hair) Describe the importance and function of clothing in accordance with the needs of elderly people
Professional Competence Reassure Elderly People	
Skills <ul style="list-style-type: none"> Prevent accidents through the conscientious behaviour in nursing home duties Organise nursing home activities in accordance with hygiene regulations and guidelines Recognise infections Carry out infection prophylaxis and abatement Implement appropriate treatment for chronic pain patients Carry out nursing home duties in accordance with the intimate sphere of the elderly 	Knowledge <ul style="list-style-type: none"> Explain procedures for accident prevention Describe procedure in the case of an emergency Describe the functions and contents of hygiene regulations Describe the origin and spread of infections in nursing homes Describe procedures for infection prophylaxis and abatement Describe the origin of pain, describe and differentiate the signs and types Explain the fundamental rules for Deal with chronic pain patients
Professional Competence Assist the Elderly with Resting and Sleeping	
Skills <ul style="list-style-type: none"> Monitor the sleeping habits of elderly people, and take note of possible treatments Carry out treatments to aid sleeping To set up a bed in accordance with the hygiene requirements and the needs of elderly people 	Knowledge <ul style="list-style-type: none"> Explain the importance of sleep as well as sleeping disorders Describe procedures to aid sleep Describe the set-up and function of a nursing bed and its accessories Demonstrate procedures for setting up beds as well as hygiene requirements

Professional Competence Support Elderly People with their Mobility and with Disruptions in Motion	
Skills <ul style="list-style-type: none"> Observe posture, positioning, and walk. And on this basis Recognize pathological changes of the skeletal-muscular system Help the elderly get around due to changes in the skeletal-muscular system Implement target-oriented prophylactic measures to maintain mobility Reduce the risks to mobility constraints through prophylactic measures and to assist elderly people with changing positions Perform exercises in dressing with elderly people 	Knowledge <ul style="list-style-type: none"> Describe the anatomy and physiology of the active and passive muscular system Describe changes due to old age Explain the causes and consequences of mobility dysfunctions Explain and differentiate the diseases of the muscular-skeletal system, including their causes (rheumatic and degenerative diseases and diseases of the spinal column) Describe prophylactic procedures
Professional Competence Consider the nursing care-relevant aspects of psychology and geriatric psychiatry in the nursing home situation	
Skills <ul style="list-style-type: none"> Recognize and understand the experience and behaviour of elderly people in connection with their life story and mental state. To consider this when fulfilling nursing care duties 	Knowledge <ul style="list-style-type: none"> Describe the subject matter of Psychology Explain the significance of every day psychology and professional psychology Give an overview of the goals, discipline and methods of Psychology Explain the terms „motivation“ and „emotion“ Describe the development of motives Differentiate primary and secondary needs Explain „Hierarchy of Needs“ according to Maslow Describe needs fulfilment as well as the importance of borders for these needs, and their consequences in nursing home care Explain the development, components and functions of emotions Explain the concept, components, and functions of attitudes Describe the importance of attitude for perception and behaviour Describe the psychically limited situation of elderly people with illness: <ul style="list-style-type: none"> Lack of Motivation Fear Aggression

Professional Competence Provide Professional First Aid Assistance in Emergencies	
Skills <ul style="list-style-type: none"> • Provide Professional First-Aid assistance 	Knowledge <ul style="list-style-type: none"> • Describe First-Aid procedures concerning: <ul style="list-style-type: none"> • Illnesses and Traumas of the Sensory Organs • Illnesses of the Endocrine systems and metabolism • Traumas of the muscular-skeletal system • Dysfunctions of the digestive system • Dysfunctions of the urogenital system • Dysfunctions of the heart-circulatory system • Dysfunctions of the Respiratory system • Neurological dysfunctions or traumas of the nervous system
Professional Competence To speak with, advise, and guide elderly people	
Skills <ul style="list-style-type: none"> • To produce discussion-promoting conditions in the interaction with elderly people • To understand the problems of elderly people through communication • To advise elderly people in personal and social matters • Produce appreciative and motivating guidance for elderly people • Understand intensive relationship work as a prerequisite for successful activation and rehabilitation 	Knowledge <ul style="list-style-type: none"> • Explain nursing care relevant basis of communications: <ul style="list-style-type: none"> - Social interaction and communication - Verbal and non-verbal communication - Levels of meaning in messages - Communication breakdowns - Self-perception and perception of others • Discuss nursing home relevant discussion and questioning methods • Explain the possibilities of creating a discussion-promoting atmosphere • Illustrate intensive relationship building as precondition for successful activation and rehabilitation of elderly people • Explain goals and contents of professional nursing care counselling and nursing care guidance
Personal Competences <ul style="list-style-type: none"> • Help shape the work within a group and the learning or working environment of such a group and offer ongoing support. • Justify processes and results. • Provide comprehensive communication on facts and circumstances. • Set own learning and work objectives, reflect on and assess such objectives and take responsibility for them. 	

Key Activity Implement personal and situation-related nursing care for elderly people	
Qualification Geriatric Nurse	GQF Level: 4
Assessment Instruments: Oral examination (Expert discussion), practical examination at workplace, written examination	
Professional Competence Assist elderly people with nutritional intake and treating disruptions in the digestive system	
Skills <ul style="list-style-type: none"> Assess the nutritional condition and the eating habits of older people Offering appropriate support, care and advice on nutritional intake and excretion Create the connection between eating habits and psychological limiting conditions and initiate appropriate measures Evaluate and observe changes in eating and digestion and initiate appropriate measures Carry out appropriate treatment concerning incontinence, constipation and diarrhoea 	Knowledge <ul style="list-style-type: none"> Explain the anatomy, physiology, and pathology of the digestive organs Describe changes of the digestive organs in old age Describe specific specialty foods, their use and function Explain the process of fluid balancing Demonstrate the monitor criterion of stool excrement
Professional Competence Assist elderly people with urinary excretion and treat disruptions in the urogenital system	
Skills <ul style="list-style-type: none"> Care for elderly people with incontinence Support elderly people with urinal excretion Use of aids for urinary excrement, e.g. use of colostomy bags, urinal condoms, absorbent incontinence material Carry out selected treatments to support continence and prophylactics against urinary tract disease Carry out preventative measures to maintain control over excrement movements Council on how deal with artificial urinary excretion or artificial intestinal excretion 	Knowledge <ul style="list-style-type: none"> Explain the anatomy, physiology, construction and function of the urogenital system Explain and differentiate the diseases of the urogenital system Explain changes of the urogenital system in old age Describe the hydro and electrolyte maintenance balance in elderly people Describe and differentiate the diseases of the urogenital system: <ul style="list-style-type: none"> Diseases of the urinary tract, e.g. cystitis, bladder carcinoma, kidney stones Diseases of the kidneys, e.g. pyelonephritis, nephrolithiasis, tumours, renal insufficiency Diseases of the female genital organs and mammary glands, e.g. descensus uteri, vaginitis, vulva carcinoma, mammary carcinoma Diseases of the male genital organs, e.g. phimosis, hydrocele, prostatic hyperplasia, prostatic carcinoma Describe the importance of urinary excretion Demonstrate the monitoring criteria for urinary excretion Explain the causes and treatment of urinary incontinence

Professional Competence Assist the maintenance of heart-circulation functions and respiration of the client, as well as carry out treatment of disruptions in the heart-circulation system and respiration	
Skills <ul style="list-style-type: none"> • Monitor and measuring vital functions and Recognize pathological deviations: <ul style="list-style-type: none"> • pulse • blood pressure • consciousness • body temperature • breathing • Carry out selected treatments for diseases of the heart-circulation system • Carry out selected treatments for diseases of the respiratory system • Carry out procedures for pneumonia prophylaxis, breathing stimulation, and breathing support 	Knowledge <ul style="list-style-type: none"> • Explain the anatomy and physiology of the heart-circulatory system • Describe the essential diseases of the heart-circulatory system and of the breathing organs
Professional Competence Carry out nursing care for elderly people suffering illnesses of the endocrine system and metabolism	
Skills <ul style="list-style-type: none"> • Recognize and Prevent disruptions of the endocrine systems and the metabolisms of elderly people • Carry out selected treatments of elderly people with endocrine and metabolism-related illnesses, e.g. diabetes mellitus • Council elderly people and assist them to cope with the illness • Provide First Aid in cases of metabolic imbalance 	Knowledge <ul style="list-style-type: none"> • Explain the anatomy and physiology of the endocrine system as well as Describe age-typical changes • Describe metabolic processes • Differentiate endocrine and metabolic-related cases • Describe necessary changes in lifestyle by various illnesses of the endocrine system
Professional Competence Carry out nursing care for elderly people with disruptions of the sensory organs	
Skills <ul style="list-style-type: none"> • Carry out treatment for the skin/epidermis in accordance with the physiological conditions and pathological changes • Carry out treatment for the eyes in accordance with the physiological conditions and pathological changes • Carry out treatment for seeing-impaired and blind elderly people with particular consideration of their needs • Carry out treatment for the ears in accordance with the physiological conditions and pathological changes • Carry out treatment for hearing-impaired elderly people with particular consideration of their needs • Use and maintain technical devices for the support of the hearing-impaired • Support elderly people in dealing with changes in sensory perception 	Knowledge <ul style="list-style-type: none"> • Describe the anatomy and physiology of the sense organs: <ul style="list-style-type: none"> • Skin • Eyes • Ears • Explain the age-typical diseases of the sensory organs

Professional Competence Carry out nursing care for elderly people with neurological, psychiatric, and geronto-psychiatric diseases	
Skills <ul style="list-style-type: none"> • Provide care for elderly people with diseases of the central nervous system • Carry out preventative care • Provide medicinal therapy • Monitor and Assess signs of illness, Recognize the reduction of cognitive abilities, noticing disruptions and changes, if applicable, initializing appropriate measures 	Knowledge <ul style="list-style-type: none"> • Explain the anatomy and physiology of the central, peripheral, and vegetative nervous systems • Describe and differentiate selected neurological, psychiatric and geriatric-psychiatric illnesses and syndromes • Explain the possibilities of medicinal therapies • Explain the principle neurological rehabilitation concepts
Professional Competence Attend elderly people in the dying process	
Skills <ul style="list-style-type: none"> • Recognize the needs of dying people and initiating appropriate procedures • Recognize the signs of approaching death • Carry out the necessary procedures after death has occurred • Support family members in the grieving process 	Knowledge <ul style="list-style-type: none"> • Describe medical-care support needs of the dying in reference to personal hygiene, nutrition, fluid intake, bedding, breathing • Recognize and differentiate the phases of dying • Explain the possible effects of the process of dying and its phases on the behaviour of the terminally ill and their relatives • Critically reflect importance and methods of the grieving process
Personal Competences <ul style="list-style-type: none"> • Help shape the work within a group and the learning or working environment of such a group and offer ongoing support. • Justify processes and results. • Provide comprehensive communication on facts and circumstances. • Set own learning and work objectives, reflect on and assess such objectives and take responsibility for them. 	

Key Activity Assist elderly people in their daily life situation and to maintain and activate the independence of elderly people	
Qualification Geriatric Nurse	GQF Level: 4
Assessment Instruments: Oral examination (Expert discussion), practical examination at workplace, written examination	
Professional Competence Use the assessment of the lifestyle and the social environment of elderly people as the basis for situation-adequate nursing care	
Skills <ul style="list-style-type: none"> • Ensure the situation-relevant care of elderly people on the basis of gerontological knowledge • Recognize the problems of the elderly in their present condition and develop ways to improve life quality • Assess the social structure of an elderly person and, on this basis, offer a way to promote social interaction 	Knowledge <ul style="list-style-type: none"> • Critically reflect the demographic age of the populace, demographic development, as well as social image of age as factors of influence on the world of the elderly • Explain Developmental and Age theories • Critically reflect aging as an individual developmental process • Critically reflect the challenges, possibilities and risks of retirement and on entering the life phase of being in one's retirement years • Demonstrate understanding of people as individuals and as part of various social structures (groups, society, culture) • Explain the features of social relationships in old age - Explain the basic terms of Sociology: <ul style="list-style-type: none"> - Values and norms - Social roles, position, and status - Attitudes, prejudices, and stereotypes - Identity • Explain the forms and functions of groups, particularly in consideration of the everyday world of elderly people • Explain and understand the importance of the family of elderly people and their burden as care-Take family members
Professional Competence Assist elderly people with Contribute to community life	
Skills <ul style="list-style-type: none"> • Support elderly people to contribute to society • Organize celebrations and festivities as the high point in the daily life of the elderly • Motivate elderly people to make contacts with others • Motivate elderly people to make use of various forms of media • Take into consideration the biography and interests, as well as the readiness of elderly when motivating them to become socially active 	Knowledge <ul style="list-style-type: none"> • Explain the importance of celebrations and festivities in the course of the year for elderly people • Demonstrate the goals of various celebrations and offer example of how to organize them • Illustrate the importance of social interaction for elderly people • Illustrate the importance of celebrations for increasing the social interaction of elderly people • Differentiate among the various ways to use different forms of media

Professional Competence Arrange the daily schedule of elderly people and keeping them occupied	
Skills <ul style="list-style-type: none"> • Create a diverse daily schedule for elderly people • Maintain and perhaps improve the life quality of elderly people through active and meaningful daily activities • Facilitate the social integration of elderly people • Carry out musical, cultural, sport, and handcraft education and activities 	Knowledge <ul style="list-style-type: none"> • Explain the importance of the possibilities in creating a daily plan • Explain and differentiate among the various functions, goals, and methods in creating a daily plan: <ul style="list-style-type: none"> - Senior gymnastics - Dancing - Playing games - Memory training - Painting - Making music - Reading and giving talks - Sensory perception
Professional Competence Assist elderly people with housekeeping and with the creation of a development-secure living space and environment	
Skills <ul style="list-style-type: none"> • Perform health care services, hygienically and in an organized fashion • Help elderly people to master their daily routine with Support tools (e.g. for food shopping) • Health care through food preparation • Help elderly people to set up their private living space • Create a safe environment in nursing facility and domestic living areas • Install help aids in the living area according to need • Deliberately fulfilling one's counseling and nursing care functions. 	Knowledge <ul style="list-style-type: none"> • Describe the basis of personal hygiene and domestic organization • Demonstrate the fundamentals of creating a living space for elderly and handicapped people • Explain the requirements and procedures for Secure nursing facilities and domestic living areas • Differentiate among different living arrangements in old age
Personal Competences <ul style="list-style-type: none"> • Help shape the work within a group and the learning or working environment of such a group and offer ongoing support. • Justify processes and results. • Provide comprehensive communication on facts and circumstances. • Set own learning and work objectives, reflect on and assess such objectives and take responsibility for them. 	

Key Activity Contribute to clinical diagnostics and therapy	
Qualification Geriatric Nurse	GQF Level: 4
Assessment Instruments: Oral examination (Expert discussion), practical examination at workplace, written examination	
Professional Competence To responsibly and efficiently carry out the role of geriatric nurse in interdisciplinary collaboration in a therapeutic team	
Skills <ul style="list-style-type: none"> Discern the scope of action of one's own professional group while acting in a client-oriented manner Coordinate (e.g. making appointments, Organize transportation) preparing, accompanying, following-up medical examinations and therapies Prepare clients for diagnostic and therapeutic sessions Secure a continuous information flow in the therapeutic team 	Knowledge <ul style="list-style-type: none"> Explain elderly care assignments and competence areas of other professional groups in interdisciplinary collaboration Explain independent actions in reference to § 3 AltPflG Explain the regulations for a geriatric nurse when Assist in a doctor's diagnosis and therapy Explain the typical course when discussing a case Describe the procedure by the Plan from team or case discussions Explain the terms „managerial authority“ and „implementation responsibility“
Professional Competence Contribute to the diagnostic process	
Skills <ul style="list-style-type: none"> Assist in the retrieval und examination of excrement Assist in withdrawing and examining blood Assist in the supervision of the vital functions Carry out client observation in with the intended medical procedure 	Knowledge <ul style="list-style-type: none"> Explain the diagnosis process and diagnosis strategies Differentiate and Explain diagnosis procedures Explain the procedure for retrieval of excrement and blood for laboratory-chemical examination Explain visible changes in excrement, blood and important vital, as well as the possible origins
Professional Competence Independently carry out doctor-ordered therapeutic treatments in the nursing care context	
Skills <ul style="list-style-type: none"> Carry out doctor-ordered therapeutic measures independently and in accordance with hygiene requirements Inform elderly people before and during a procedure as to what is happening, Deal with fears, objections, and needs Carry out doctor ordered lab tests (e.g. strip indicator quick tests) Place permanent bladder catheter and single-use catheter Implement various forms of laxative 	Knowledge <ul style="list-style-type: none"> Explain therapeutic strategies and therapeutic procedures Problematize the various spatial and personnel conditions of the stationary and ambulatory nursing home facilities in connection with the carrying out of doctor-ordered diagnostic and therapeutic procedures (e.g. X-ray, endoscopies, physio-therapeutic handling, treatment of wounds) and their effects on the tasks of the geriatric nurses Explain the legalities concerning procedures involving necessary bodily injury (e.g. order and procedural responsibility, Right of Refusal, Duty to Refuse in connection with § 223 StGB)

Professional Competence Professional care for chronic wounds	
Skills <ul style="list-style-type: none"> Assess the process of healing process of chronic wounds in consideration of the entire medical history of the patient Recognize disturbances in the healing process Take care of wounds with selected dressings Show empathy when changing dressings 	Knowledge <ul style="list-style-type: none"> Understand and facilitate wound healing as a process in the entire well-being of the client Name the causes of disruptions in the wound-healing process, observing in connection with the constitution and life-style of the client Explain wound-healing phases of chronic wounds Explain the choice dressing of wounds in accordance with the type of wound, and its effect, indications and counter-indications
Professional Competence Secure the administration of pharmaceuticals	
Skills <ul style="list-style-type: none"> In consideration of legal regulations, Deal with pharmaceuticals, their acquisition and storage, and responsibly administering Administer doctor-prescribed medicines to elderly people and observing the effects and side-effects Recognize undesirable reactions to medicine and quickly offering suitable counter-measures 	Knowledge <ul style="list-style-type: none"> Explain the basic functions of medicines Explain various forms of application (including injections, infusions) and their professional administration Explain age-related changes in the effectiveness of medicine and interpreting the side-effects Knowing the Pharmaceutical Drug Law and Narcotics Law and suitably handling drugs/narcotics Describe the duties of geriatric nurse in reference to the acquisition, storage and administration of drugs, and to be conscious of personal responsibility Name the drugs of the various groups of medication
Professional Competence Contribute to neurological, psychiatric, and geronto-psychiatric diagnoses and therapy procedures	
Skills <ul style="list-style-type: none"> Inform elderly people about upcoming diagnostic procedures Aid therapists in the implementation of selected concepts 	Knowledge <ul style="list-style-type: none"> Explain neurological examination procedures Explain psychiatric examination procedures Differentiate the procedures of Neurological therapy and rehabilitation Explain therapy and rehab in Psychiatry and Geriatric Psychiatry
Personal Competences <ul style="list-style-type: none"> Help shape the work within a group and the learning or working environment of such a group and offer ongoing support. Justify processes and results. Provide comprehensive communication on facts and circumstances. Set own learning and work objectives, reflect on and assess such objectives and take responsibility for them. 	

Key Activity Evaluate, Plan and document nursing care for elderly people	
Qualification Geriatric Nurse	GQF Level: 4
Assessment Instruments: Oral examination (Expert discussion), practical examination at workplace, written examination	
Professional Competence Plan Nursing Processes	
Skills <ul style="list-style-type: none"> On the basis of conscious monitoring of treatment needs as well as assessing the abilities and needs of elderly people on the basis of age restrictive physical changes and limitations Plan health care measures Accumulate information systematically and, on this basis, formulate care problems and diagnosis Define and prioritize health care goals Adjust the goals and procedure to the changes in the patient's situation Consult with the patient and their family members on every step of the nursing process and, in doing that, take into consideration the needs and biography of the elderly people 	Knowledge <ul style="list-style-type: none"> Explain the concepts, models and theories of nursing care, nursing care concepts, as well as attitudes and opinions on health and sickness Describe the background, fundamentals, intentions and characteristic of recovery processes Explain the importance of the treatment process for the professional care-taker Explain the steps in care Plan Explain the importance of perception and observation in the care processes
Professional Competence Evaluate and Document Nursing Processes	
Skills <ul style="list-style-type: none"> Selectively use health care documentation to attain information and pass that information on Record care procedures in various health care documentation systems Carry out health treatment evaluations Use branch specific data processing programmes for goal-oriented health care documentation and evaluation 	Knowledge <ul style="list-style-type: none"> Demonstrate understanding of health care documentation as an instrument for the structuring and creation of complex recovery situations and as proof of performance of duties Illustrate the goals and purpose of health care documentation from a legal standpoint as well as organizationally Demonstrate understanding of evaluation as a prerequisite for a continuous adjustment of health care procedures

Professional Competence Contribute to Quality Assurance Procedures in Geriatric Nursing	
Skills <ul style="list-style-type: none"> • Integrate requirements for internal and external quality control in geriatric nursing activities • Carry out measures for the internal quality control • Contribute to the continuous development of the health care Provide in reference to quality assurance and to maintain achievements of nursing home facilities at the highest possible level 	Knowledge <ul style="list-style-type: none"> • Explain the central terms of quality management (quality, care quality, quality assurance, internal audits) • Explain the legal framework of quality assurance in geriatric nursing • Explain the necessity and importance of a quality management system in geriatric nursing (organisational development, nursing care image, quality goals, employee development) • Describe and differentiate the internal and external instruments of quality assurance: <ul style="list-style-type: none"> • Home Supervision Offices • Certification Institutes • Quality Management Supervisor • Nursing Care medical check-ups • Assess the importance of standards in geriatric nursing, illustrate contents and formal requirements as well as describe implementation and further development
Personal Competences <ul style="list-style-type: none"> • Help shape the work within a group and the learning or working environment of such a group and offer ongoing support. • Justify processes and results. • Provide comprehensive communication on facts and circumstances. • Set own learning and work objectives, reflect on and assess such objectives and take responsibility for them. 	

Key Activity Operate economically and socially responsible in a facility for elderly nursing care	
Qualification Geriatric Nurse	GQF Level: 4
Assessment Instruments: Oral examination (Expert discussion), practical examination at workplace, written examination	
Professional Competence Consider the health and socio-political framework of elderly nursing care activity	
Skills <ul style="list-style-type: none"> Practice the profession within the given law, as well as in consideration of its educational and professional laws, and individual responsibility, and in the interests of the care of elderly people 	Knowledge <ul style="list-style-type: none"> Explain the development of the health care profession as well as the history of socialized insurance Explain the tasks and purpose of the various grant institutes, services and facilities of the Health and Social System. Explain the Geriatric Nurse-relevant activities of public health insurance Explain the legalities of Geriatric Nurse employment: <ul style="list-style-type: none"> Law for Practicing Geriatric Nursing (Altenpflegegesetz – AltPflG) Health Care Further Development Law Law on the Amendment of nursing care services Supervisory Law Confidentiality and Privacy Laws Care and Supervisory Duties Penalties Liability Laws Contract Law
Professional Competence Consider the business framework as well as the structural and personnel conditions in a nursing home facility	
Skills <ul style="list-style-type: none"> Orient your own elderly care activities according to the requirement/conditions of the nursing home facilities Create work schedules and duty rosters 	Knowledge <ul style="list-style-type: none"> Explain and differentiate Operate costs <ul style="list-style-type: none"> Personnel payroll Material costs Organisational/business costs Analyse the structural and personal prerequisites of various nursing home facilities Analyse the cost-benefit relation for nursing home facilities Describe the various stages of care and explain what is to be done in these stages Explain third-party funding for the nursing home facilities Explain the interconnection, coordination and cooperation of the health and social welfare system and respective areas of responsibility <ul style="list-style-type: none"> Nursing Care Transfer Interface managing

Professional Competence Guide family members and nursing care personnel in the care of elderly people	
Skills <ul style="list-style-type: none"> • Purposefully implement methods of guidance • Assess and alleviate the burden of patients 	Knowledge <ul style="list-style-type: none"> • Explain the possibilities of institutional support and counselling for nursing home residents • Reflect critically on the relationship dynamic between professional care workers, patients relatives, and the patient • Demonstrate the goals and contents of the nursing care instructions for relatives and other nursing care personnel • Explain the methods of instructions, particularly from persons who are not health care specialists
Professional Competence Deal with conflicts and difficult social situations	
Skills <ul style="list-style-type: none"> • React appropriately in crises situations • Accept and critically reflect on personal feelings and sensitivities in the daily work routine • Perceive and determine factors that promote or prevent violence and on this basis prevent and stop any violence in the health care situation 	Knowledge <ul style="list-style-type: none"> • Explain the importance, emergence and causes of conflict • Differentiate among types of conflicts • Describe the consequences of conflict • Explain Deal with conflicts, conflict resolution patterns, and resolution strategies • Describe the stresses and tensions in the geriatric care profession <ul style="list-style-type: none"> • Older people and younger assistants • Fear and defence • Power and powerlessness • Intimacy, disgust, shame • Closeness and distance • Explain the causes and targets of violence • Demonstrate and differentiate among forms of violence in a nursing home
Professional Competence Recognize and Prevent the psycho-social strain of one's own person, as well as maintaining and promoting one's own physical health	
Skills <ul style="list-style-type: none"> • Consciously carry out measures to maintain one's own health • Recognize and prevent risks to health in the everyday work world • Recognize psycho-social burdens and consciously use strategies to deal with it 	Knowledge <ul style="list-style-type: none"> • Assess the importance of maintaining one's own health • Describe the risks and dangers of abusing alcohol and tobacco, and pharmaceuticals • Describe the preventative measures to maintain physical health (Back School, Ergonomics of the Work Place) • Describe the possibilities for dealing with professional stress (self-care, relaxation techniques, self-help groups)
Personal Competences <ul style="list-style-type: none"> • Help shape the work within a group and the learning or working environment of such a group and offer ongoing support. • Justify processes and results. • Provide comprehensive communication on facts and circumstances. • Set own learning and work objectives, reflect on and assess such objectives and take responsibility for them. 	